



LENT & EASTER SCHEDULES 2023

St. Aloysius and St. Theresa

ASH WEDNESDAY- February 22nd

6:30am Distribution of Ashes AND 8:30am Mass and Ashes – St. Aloysius
6:30pm Mass and Ashes – St. Theresa



FRIDAYS OF LENT



Friday February 24th 6:30pm - Exposition, Benediction & Stations of the Cross - St. Theresa
Light Meal Following

Friday March 3rd 6:30pm – Student Led Stations of the Cross - St. Aloysius
Light Meal Following

Friday March 10th - St. Theresa Fish Fry 4:30pm-7:30pm

Friday March 10th 6:30pm – Student Led Stations of the Cross - St. Theresa

Friday March 17th 6:30pm – Exposition, Benediction & Stations of the Cross - St. Aloysius
Light Meal Following

Friday March 24th 6:30pm – Mary’s Way of the Cross - St. Theresa
Light Meal Following

Friday March 31st 6:30pm – Exposition, Benediction & Stations of the Cross - St. Aloysius
Light Meal Following



PENANCE SERVICE & CONFESSION SCHEDULE

Wednesday March 29th 5:30pm – Penance Service at St. Theresa

Thursday March 30th 6:00pm – Penance Service at St. Aloysius



Confessions

St. Aloysius: Sundays 7:15am-7:45am/Saturdays 3:15pm-3:45pm/Tues. & Thurs. 7:45am-8:15am

St. Theresa: Sundays 9:45am- 10:15am - Wednesdays 5:45pm-6:15pm

TRIDUUM - HOLY WEEK

Holy Thursday – April 6th

7:00pm at St. Theresa

Good Friday – April 7th

3:00pm - Traditional Way of the Cross at St. Aloysius

7:00pm Good Friday at St. Theresa

Easter Vigil – April 8th

8:00pm at St. Aloysius

EASTER SUNDAY – April 9th

8:00am at St Aloysius - Easter Egg Hunt Following Mass

10:30am at St. Theresa



Give Up, Take Up, Lift up – Jesus said, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is like it: ‘ You shall love your neighbor as yourself.’ On these two commandments hang all the law and the prophets.” (*Matthew 22:37b-40*)

FAST/GIVE UP – Fasting and Abstinence



Ash Wednesday & Good Friday are days of **FASTING & ABSTINENCE** from meat. In addition, Fridays during Lent are days of abstinence. You may also choose to give up other items like, certain food/candy, electronics, talking mean etc.... to help focus more on God.

PRAYER/TAKE UP – add something to grow your faith

Use Lent as an opportunity to Grow your faith by **ADDING SOMETHING**: Take advantage of opportunities for confession, learn more about your faith, make more time for prayer.

AT ST. ALOYSIUS

Presence – Unlocking the Mystery of the Eucharist

Join a Faith Sharing Group and invite a friend – sign up at church or at stalloysiusinmeriden.org
Or do the study on your own it is available on Formed.

Use the “**Little Black Book**” available to pick up at church for daily reading

Attend Fr. Barnabas’s class on the Acts of the Apostles
Tuesdays at St. Aloysius at 9:00am and Wednesdays at St. Theresa at 7:00pm

FORMED

Get Daily Reflections in your email: Focus on the daily Mass readings with explanation and commentary by renowned scripture scholar Dr. Tim Gray, formed.org/lent

FOR KIDS: **Get Daily Meditations from LENT with Brother Francis**

Not on FORMED yet, just follow these steps:

- 1) Go to Formed.org, 2) Click Sign up, 3) Select “I belong to a Parish or Organization”
- 4) Select St. Aloysius/St. Theresa in the search box

BEST
LENT
EVER

Lent with Matthew Kelly: Daily Reflections to discuss “Holy Moments”
dynamiccatholic.com/lent/best-lent-ever.html



Gospel Reflections - Bishop Baron
Spend time with Christ in the Gospel
<https://www.lentreflections.com/>

Amen

Get the Amen App on your computer or phone. Daily Prayer and Meditation from Augustine Institute.

relevant
radio

Check out Fr. Rocky on Relevant Radio

ALMSGIVING/LIFT UP - Lift up others with Works of Mercy

Find a way to help others. **Catechism of the Catholic Church, paragraph 2447 reads:** The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual & bodily necessities (242).



Rice Bowl – Pick up a rice bowl & practice sacrifices & donate to the less fortunate



God's Storehouse
Donate non-perishable items for those in need.

Mary's Choices & Birthright
Donate clothes, diapers, etc. to help mothers. in need.



Donate Bibles and books on faith for **Prisoners in area jails.**



Pray for ALL God's Children. Especially the most vulnerable. Make a conscience effort to pray for and spend time with your family & those close to you!

